



Spillet Leadership University Distance Learning Courses

Title	Description	Impact Focus	Data Category	School
Introduction to the Active Participatory Approach	This course describes the overall Youth Work Methods series, rooted in positive youth development, education, psychological theory and research.		Quality Practices	YD
Active Learning	This course explores the concept that meaningful content and adult support are key ingredients for creating an interesting and productive learning environment.	Session Flow, Skill-building, Active Engagement	Quality Practices	YD
Ask-Listen-Encourage	This course explores how to build supportive, youth-centered relationships by asking effective questions, listening actively to youth, and empowering and supporting youth to learn through the use of specific, non-evaluative comments and questions.	Encouragement, Interaction with Adults, Adult Partners	Quality Practices	YD
Building Community	This course introduces participants to a variety of activities designed to support the community building process.	Emotional Safety, Warm Welcome, Belonging	Quality Practices	YD
Cooperative Learning	This course explores how using small groups to meet the social and intellectual needs of youth can result in productive and collaborative experiences.	Collaboration, Belonging, Leadership	Quality Practices	YD
Formula For Impact	This course provides an orientation to the Formula for Impact, and equips you to		Youth Outcomes, Club Experiences	

	support the Formula for Impact in your work at your Club.			
Homework Help	This course explores how to implement research-based strategies to make the time you spend on homework productive. It also shows you how to implement positive adult support, effective routines, and communication with teachers.		Quality Practices	YD
Orientation to the Outcome Driven Club Experience Curriculum	This curriculum provides an orientation to the four components of the Formula for Impact's Outcome-Driven Club Experience (i.e., Five Key Elements for Positive Youth Development, High-Yield Activities, Targeted Programs and Regular Attendance), and will enable you to put the components into practice.	Safe Positive Environment, Fun, Sense of Belonging, Supportive Relationships, Adult Connections, Opportunities and Expectations, Recognition, Targeted Programs, Regular Attendance, High Yield Activities	Youth Outcomes, Club Experiences, Attendance and Participation	
Planning and Reflection	This course introduces participants to powerful and easy ways to use methods that promote youth engagement in planning, implementing and evaluating activities and projects.	Planning, Reflection	Quality Practices	YD
Reframing Conflict	This course explores how adults can support youth in addressing their conflicts by ensuring youth have a voice to determine both the cause and the solution to the conflict.	Reframing Conflict, Managing Feelings	Quality Practices	YD

Structure and Clear Limits	This course explores how appropriate structure and clear limits can provide stability, predictability and organization for youth to ensure a safe and productive space for learning.	Safe Environment Domain, Session Flow, Child-Centered Space	Quality Practices	YD
Youth Voice	This course explores how providing young people with authentic, meaningful choices and a voice in the program are hallmarks of truly engaging environments.	Choice, Leadership, Adult Partners, Responsibility	Quality Practices	YD
PQA Basics	This course provides an item-by-item walk through of the Youth Program Quality Assessment tool, which includes observational note-taking practice; “fit and score” items in the tool using anecdotal evidence; and how to participate in program self-assessment.	Youth Program Quality Assessment	Quality Practices	Management and YD



